

## OUR DAILY RHYTHM

5:00AM	Calvin Wake
6:00AM	Jazz Wake / Read
7:00AM	Task Assessment
7:30AM	Prep Day for Littles + Make Bed + Get Dressed
8:00AM	Boys Wake and Make Breakfast
8:30AM	Eat Breakfast + Story + Bible
9:00AM	Clean Kitchen + Boys Bed + Chore Chart +Get Boys Dressed
	<b>CALVIN OFFICE TIME</b>
9:30AM	School + Reading Together w/Snack
10:00AM	(Wednesday – Emet Virtual Piano Lesson)
10:30AM	Online Workout or Go Outside w/Boys
12:00PM	Boys Free Play + Make Lunch
	<b>CALVIN LUNCH</b>
12:30PM	Lunch w/ Family
1:00PM	Clean Kitchen + Chore Chart
	<b>CALVIN OFFICE TIME</b>
1:30PM	Story + Set for Quiet Time
2:00PM	Abner Nap + Emet Piano Practice
2:30PM	Quiet Time
4:30PM	Dinner Prep + Boys Free Play
	<b>CALVIN ENDS WORK</b>
6:00PM	Dinner
6:30PM	Clean Kitchen
7:00PM	Quiet Play w/Family + Books or Walk Outside
7:30PM	Bath Time + Bedtime Prep
8:00PM	Boy's Bedtime